



KIDS CAN COOK

WITH CHEF KASHIA DIAZ

Mondays, April 1st – May 6th
4:00 pm – 5:30 pm

A new program at Hungerford Nature Center will help your kids to build confidence and independence in the kitchen, all while having a great time creating and tasting fresh and delicious meals

Each hands-on cooking class will cover culinary basics, as kids make an original recipe that is healthy, utilizes commonly found ingredients, and is easy enough for students to recreate at home with minimal supervision. Students will work together chopping, measuring, mixing, and cooking to transform raw ingredients into something tasty and satisfying. They'll complete the process by cleaning up and preparing a table to sit together to enjoy what they worked hard on preparing.

THIS CLASS WILL INCLUDE INFORMATION ON:

- *WHAT IS A RECIPE, AND OTHER COMMON KITCHEN TERMS
- *FOOD PREP, INCLUDING KNIFE SKILLS, MEASURING, AND MORE
- *FOOD SAFETY

All supplies included.

Call to Register
860-827-9064

191 Farmington Ave., Kensington CT 06037

COST PER CLASS:
MEMBERS: \$30
NON MEMBERS: \$40

SIGN UP FOR ALL 6 CLASSES
GET 10% DISCOUNT.

Ages
7 – 12

